



The Assisted Living (AL) In Lieu of Services (ILOS) Option in Community HealthChoices (CHC)

House Aging & Older Adult Services Committee
and Human Services Committee
Joint Informational Meeting

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What's covered?

- Assisted Living (AL) is offered as in Lieu of Services (ILOS) as an alternative to a nursing facility placement.
- Enhanced Core Package services include:

personal care	supportive services (homemaker and chore)
emergency alert response	24-hour on-site response capability
non-medical transportation	social and recreational programming
basic cognitive support	coordination of 3 meals a day and snacks
- Monthly room and board payments are the responsibility of Participants. The room and board rate maximum monthly rate is the current SSI benefit minus the current personal needs allowance (PNA) for SSI recipients.

Population Focus

- UPMC Community HealthChoices utilizes AL ILOS to support Participants we serve who cannot maintain health or safety independently and require significant supervision
- AL ILOS may be appropriate for Nursing Facility Participants **or** may also be an option for Home and Community-Based Services Participants in place of Long-Term Care in a Nursing Facility
- AL ILOS may be considered to help when there are:
 - Barriers securing housing while needing Activities of Daily Living support
 - Lack of informal supports or a reliable back-up safety plan
 - Need for assistance with medication administration

Determining Appropriateness for AL ILOS

As per Department of Human Services (DHS) guidance and program charter:

AL ILOS referrals and criteria are determined by the Managed Care Organization and include but are not limited to:

- Imminent risk of Long-Term Care in Nursing Facility
- Participants in Long-Term Care in Nursing Facility with barriers such as lack of housing and informal supports

Sources of AL ILOS

- It is important to note that the Community HealthChoices (CHC) Managed Care Organizations are the lead in all AL ILOS activities. As such, the CHC MCO initiates the transition of the Participant from either the Home and Community-Based Services or Nursing Facility settings into the ILOS option.
- Requests for consideration of AL ILOS may come from any of the following sources:
 - Participant, Power of Attorney, or Legal Guardian
 - NF social worker
 - Assisted Living Residence
- If you believe you or one of your patients could be appropriate for Assisted Living, please reach out to your Service Coordinator or Network Manager

Participant Informed Choice

- Once an AL ILOS request is approved, the Service Coordinator:
 - Informs the Participant of the option to move to an Assisted Living Residence (ALR)
 - Reviews the anticipated financial responsibility for room and board with the Participant (comparable to Nursing Facility Patient Liability, including a Personal Needs allowance deduction)
 - The AL ILOS approval and the Participant discussion is recorded in the Participant's record
- If the Participant wishes to pursue the AL ILOS option, the SC:
 - Assists the Participant in identifying a contracted ALR within their preferred geographic area
 - Reviews ALR resources with the Participant, including websites that offer virtual tours, to facilitate informed decision-making

Move in Assistance Funds

In the event a Participant requires household items to support their independence in the community UPMC can help with some one-time move in funds

Example items these funds can include:

•Kitchen Essentials:

Microwave/toaster oven, coffee pot, oven mitts, dish towels, dishes, groceries

•Bathroom Essentials:

Towel set, shower curtain, floor mat, shower caddy, hamper, trash can, toothbrush, toothpaste, shampoo and conditioner, hand soap

•Bedroom Essentials:

Mattress cover, pillow, bed in the bag set, alarm clock, power strip, hangers

•Miscellaneous Essentials:

Phone or phone card, lock box, dressing aids, clothing

First Successful Placement

Our first successful transition to an Assisted Living Residence was with Ms. ST. She resided in a Nursing Facility custodial setting for approximately 1.5 years before successfully transitioning to an ALR in August 2025



Ms. ST gave consent for these pictures to be shared during this presentation and beyond.

AL ILOS at UPMC

Fostering Independence with Support

- Since 2025, UPMC CHC has successfully transitioned twenty-two Participants to ALRs, with an additional fifteen Participants in the queue preparing to move.
- To date, one Participant has returned to a Nursing Facility, following an unexpected illness that required a higher level of care and two additional Participants discharged home with family under hospice care.
- All Participants currently living in an ALR report they are satisfied with their new home.
- If a Participant expresses dissatisfaction with the ALR, the Service Coordinator will discuss further with the Participant to identify and address the issue. If the Participant prefers to leave the ALR for a different setting, the SC will assist.



Thank You!!